

Equipment Requirements

****Your rank requirements include all prior equipment****

Tigers

- ☯ Punching Gloves



Panthers 1 & Adult Phase 1

- ☯ Mouth Guard
- ☯ Punching Gloves
- ☯ Shin Guards
- ☯ Cup and Supporter (males only)



Panthers 2/3 & Adult Phase 2/3

- ☯ Purple Belts: Rib Guard, Foot Pads
- ☯ Red Belts: Head Gear
- ☯ Chest Protector (females only)



Youth Masters/Adult Black Belts

- ☯ Youth/Adult Black Belts: Safety Stick

