



# INTENT TO PROMOTE

Date: \_\_\_\_\_

Notice of Intent to Promote: \_\_\_\_\_, to the rank of : \_\_\_\_\_  
(Student's Name) (Next Belt Rank)

Student's Self-Discipline Project is: \_\_\_\_\_

Parents, please give comments on your child's progress on their self-discipline project: \_\_\_\_\_

**Are they acting like a Black Belt in Training at home? Yes / No**

**Parent Signature:** \_\_\_\_\_

(by signing here, you also give permission to your child's teacher to share information about your child's/their student, with Vision Quest Martial Arts, on this form.)

My Teacher's Name: \_\_\_\_\_

My School: \_\_\_\_\_

My Grade: \_\_\_\_\_

My name is Nicholas Milliken and I am the owner of Vision Quest Martial Arts. I am writing this because we have a student in common. There is a rank promotion coming soon for this student and at every belt promotion I seek the opinions of their parents and teachers. I want to know if my student is acting like a Black Belt in training at school. This means that they try their best, work hard, listen to their teachers and treat their fellow classmates with kindness. I want my students to be successful not just in karate, but also in their everyday lives. I am asking for your input, anything positive you may have to voice or any difficulties that our student may be having. Please sign below and add any comments that you may have. I look forward to working with you and hope that together we can help our students have a productive and rewarding year. Please call me at (303)604-2119 if you have questions or if I can be of any assistance. Thank you for your time.

Sincerely,

Sensei Nicholas Milliken

**Does this student act like a Black Belt in Training at school? Yes / No**

**Teacher Signature:** \_\_\_\_\_

P.S. We are available to do school talks. In the past school terms we have had positive responses to our classroom appearances and have several teacher references. This is an opportunity for us to communicate the mental benefits of focus, self control, respect and self-discipline to your entire class. If this sounds like something you are interested in, please fill out eh following information. Again if you have any questions, please give me a call.

I would be interested in:  Goal Setting Workshop  Self Control & Focus Workshop

Phone Number: \_\_\_\_\_

Convenient Time to Call: \_\_\_\_\_

Email: \_\_\_\_\_